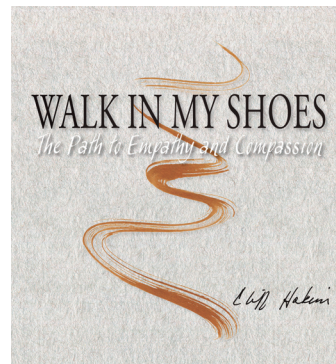


WALK IN MY SHOES

The Path to Empathy and Compassion

by Cliff Hakim



Psychology / Social Psychology

\$34.99 / 216 pages

ISBN: 978-1-7356028-0-6

First Printing, December, 2020

WIMS Publishing

Print available at walkinmyshoesart.com (for Volume Discounts) and on Amazon; eBook on Amazon

Sold in the U.S. and in Canada

Synopsis

In a world deaf to the needs of others, 35 storytellers show us that kindness matters. Prominent leaders demonstrate that compassion is a superpower.

Walk in My Shoes consists of tales of empathy and compassion, with personal interviews and illustrations of each subject's favorite shoes. From educators to activists, psychologists, executives, artists, and healthcare providers, the "Walk storytellers" all talk about understanding and care. There is a section on leadership and a call to action: Your Step—What You Say and Do Matters.

Walk in My Shoes is universally inspiring, showing all of us how to make a difference in our sea of social problems. The author asks that we each take one simple step of kindness per day to contribute to creating a healthier, happier society. Learn to Walk the Walk in this new era.

Reviews

"Living with the pandemic, racial injustice, income inequality, and high unemployment, there is no doubt that we need greater empathy and compassion, and especially from our leaders. I've suddenly become more thoughtful about my own day-to-day behavior. This book needs to be read now."

*DR. FRED K. FOULKES, DBA., Professor of Management and Organization
and Director of the Human Resources Policy Institute, Boston University*

"*Walk in my Shoes* is full of rich personal stories, reminding us of what is most important: empathy, compassion, and kindness. We are desperate for this voice today, and this book gives us hope in humanity and in the future."

*DEB HICKS, Leadership Coach and Advisor Former Chief, People & Culture Officer
at Dana-Farber Cancer Institute*

"Using the metaphor of walking in another's shoes as a prompt for personal reflection, combined with vivid drawings, makes this a distinctive and timely book."

BARBARA T. MARTIN, Alford Curator of Education Emerita Museum of Fine Arts, Boston

For a review copy of *Walk in My Shoes*, please send name, affiliation, and address to: cliff@walkinmyshoesart.com

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